

COUPLES INTAKE
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You are being given two identical forms, and are being asked the same information.
Please complete for yourself only.

Name: _____ Date: _____

Home Address: _____

City/State/Zip Code: _____

Day Phone*: _____ Evening Phone*: _____

Cell Phone / Pager*: _____ E-Mail Address*: _____

***FOR CONFIDENTIALITY REASONS, PLEASE WRITE "OK" OR "NOT OK" FOR ME TO CONTACT YOU AT THESE #'S.**

Emergency Contact Name: _____ Phone: _____

Physician: _____ Location: _____

Medications you are currently taking: _____

Date of Birth: _____ Age: _____

Occupation: _____ Company: _____

Children?: _____

Pets? _____

Referred by: _____

Briefly state problem or issue that motivated the call to my office: _____

How long has this situation existed? _____

Your goals for counseling: _____

Previous or present counseling / treatment (when, who, why, where?): _____

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Anything else you think I should know? _____

Is substance abuse an issue? _____

Do you feel that you need an individual session with me? _____

On a scale of 1 – 10, with 10 being completely committed, how committed are you to healing your relationship? _____

Comments? _____

Your relationship health is extremely important to me, and I take my work very seriously. I am committed to providing you the best possible care, and ask that you also seriously commit yourself to the healing / growth process by being on time and prepared for each session. Please initial the following to indicate your commitment:

_____ I will be on time for sessions, and will also end sessions on time.

_____ I am committed to speaking respectfully at all times.

_____ I will take responsibility for my own thoughts, feelings and behaviors.

_____ I am willing to explore my partner's perspective and share mine in a positive way.

_____ I am committed to using these sessions to stretch into new more effective behaviors, and to learn and grow as a person.

_____ I am willing to learn and practice the Imago Dialogue as an alternative to fighting, criticizing, blaming, or other dysfunctional behaviors in conflict.

_____ I want to restore the connection in my relationship.

Imago Therapy helps couples understand the dynamics in the relationship, and teaches you how to turn conflicts into connections using a dialogical process. I will be teaching you this dialogue and you can expect it will not be easy at first, simply because it is new. Like any new skill, baby steps are awkward until you get the hang of it. If it were easy, you would have already done it. I want to assure you that learning this skill is well worth the difficulty you may encounter on the learning curve.

My goal is to eliminate negativity in your relationship, restore passionate aliveness, and live a shared, conscious, committed, loving relationship.
I look forward to working with you!

